



#HEALTHY LIFESTYLE CAFE

served all day

SWEET BREAKFAST

FRENCH TOASTS WITH FRUITS 39

sweet toast, egg, milk, clarified butter, blueberries, strawberries, pomegranate + vanilla sauce
570kcal

HOMEMADE GRANOLA (BG) 24

oatmeal, hazelnuts, chia seeds, sunflower seeds, almond flakes, agave syrup, vanilla yogurt, fruit
294kcal

SWEET WAFFLES (BG) 36

corn flour, rice flour, potato flour, banana, soy milk, oil
1 piece- 507kcal

CHOOSE TWO TOPPINGS AND SAUCE FOR FREE

TOPPINGS (BG)

SKILLET APPLES WITH CINNAMON (V)

40g serving - 27kcal

VANILLA CREAM CHEESE

cottage cheese, greek yogurt, erythritol
40g serving - 34kcal

COCONUT CREAM (V)

rice, coconut milk, coconut flakes, coconut oil, erythritol
40g serving - 147kcal

FRESH FRUIT (V) +4

nectarine, strawberry, kiwi, pomegranate
120g serving - 70kcal

SAUCES (BG) (V)

CHOCOLATE

coconut milk, cocoa, erythritol
80kcal

FRUIT

cherries, strawberries, blackberries, erythritol
8kcal

CARMEL

coconut milk, agave syrup
54kcal

MAKE IT FULL VEGAN

SAVOURY BREAKFAST

SAVOURY WAFFLES (BG) 44

corn flour, rice flour, potato flour, cheddar cheese, chives, milk, egg, butter, gluten-free baking powder

SERVED WITH 2 POACHED EGGS, SALAD AND HOLLANDAISE SAUCE

BACON / AVOCADO / SALMON
874kcal / 869kcal / 879kcal

ARTISAN BAGLES (BG)* 39

CHEESE&BACON
egg, cheddar cheese, bacon, caramelised red onion, rocket, supreme sauce
SWAP BACON FOR AVOCADO

(BG)*
CHANGE FOR GLUTENFREE BAGLE

CREAM CHEESE&SALMON

cream cheese with dill, green cucumber, smoked salmon, rocket
SWAP SALMON FOR HALLOUMI

HUMMUS&AVOCADO (V)

hummus, avocado, black cumin, rocket, caramelised red onion
ADD HALLOUMI + 6PLN

GRILLED TOAST WITH FRIED EGGS 39

ham, cheddar cheese, fried eggs, mustard sauce, chives, salad | 949kcal

Made of free range eggs!

SCRAMBLED EGGS (BG)* 28

3 eggs in clarified butter, 2 toasted bread, vegetable fresh mix, chives | 447kcal

SCRAMBLED TOFU (V) (BG)* 32

tofu, soy milk, yeast flakes, kala namak salt, turmeric, chives, 2 toasted bread, vegetable fresh mix, coconut oil | 359kcal

CHANGE FOR GLUTENFREE BREAD

ENGLISH BREAKFAST 42

frankfurters, mushrooms, baked beans, 2 fried eggs, bacon, toasted bread | 676kcal

BREAKFAST BOWL (BG) 39

halloumi, avocado, poached egg, sunflower seeds, pomegranate, cherry tomatoes, salad mix with rocket, mustard vinaigrette, balsamic dressing | 545kcal
ADD TOAST BREAD + 2PLN

DUMPLINGS 8 PIECES (BG)

RUSKIE 38
potato starch, rice flour, onion, flaxseed, cottage cheese, potato
505kcal +SALAD +CAMELIZED ONION

SPINACH&FETA CHEESE 38
rice flour, potato starch, linseed, spinach, feta cheese, vegetable oil, gluten-free breadcrumbs, pepper, salt and garlic
365kcal +SALAD +CREAM

CABBAGE&MUSHROOM (V) 38
potato starch, rice flour, flaxseed, cabbage, mushrooms, onion
380kcal +SALAD +CAMELIZED ONION

COTTAGE CHEESE&RASPBERRY 38
potato starch, rice flour, flaxseed, cottage cheese, raspberry
486kcal +VANILLA YOGHURT

+ EXTRAS

BACON 8
FRANKFURTERS 9
SMOKED SALMON 12
HALLOUMI 8
CHEDDAR 6
BUTTER 3
EGG 4
BAKED BEANS 4
AVOCADO 9
CHANGE FOR GLUTEN-FREE BREAD 4

BEST OFFER!

#SUPERHEALTHYSET 89

SCRAMBLED EGGS OR SCRAMBLED TOFU (V)
+ BAGLE OF YOUR CHOICE + SALAD
+ FRESH SQUEEZED ORANGE JUICE (300ml)
+ REGULAR COFFEE OR TEA OF YOUR CHOICE

#ENGLISHSET 72

ENGLISH BREAKFAST
+ FRESH SQUEEZED ORANGE JUICE (300ml)
+ REGULAR COFFEE OR TEA OF YOUR CHOICE

#SUPERSWEETSET 69

FRENCH TOAST
+ FRESH SQUEEZED ORANGE JUICE (300ml)
+ REGULAR COFFEE OR TEA OF YOUR CHOICE

(BG) This dish is prepared without gluten-containing ingredients and may contain trace amounts of gluten.

(V) Vegan

(BG)* Change for gluten free bread



COFFEE

ESPRESSO	10
AMERICANO	17
FILTER COFFEE	16
CAPUCCINO	16
FLAT WHITE	18
LATTE	17
ICED AMERICANO	20
ICED COFFEE WITH MILK	20
DECAFFEINATED COFFEE	18

+ EXTRAS

EXTRA MILK/ LACTOSE FREE MILK	3
SOYA / ALMOND / OAT MILK	3
EXTRA ESPRESSO	4
MAPLE SYRUP	3
VANILLA, HAZELNUT, CARAMEL (SUGAR FREE)	3

POT OF TEA

PUKKA TEA	16
green/black/herbal/fruit	
ask the waiter about the taste	

MATCHA

MATCHA LATTE	22
ICED MATCHA LATTE	22
ICED STRAWBERRY MATCHA LATTE	25
MATCHA TONIC (PINK GRAPEFRUIT)	24

SEASONAL

ESPRESSO TONIC	24
CHAI LATTE*	21
DIRTY CHAI*	23
LEMONADE WITH MINT	20
RASPBERRY LEMONADE WITH ROSEMARY	22

*served hot or cold

DRINKS

SMOOTHIES

TROPICAL SKY	23
passion fruit, peach, mango, apple juice	
350ml - 176kcal	
SUMMER TWIST	23
watermelon, strawberry, lime, apple juice	
350ml - 178kcal	
VITAMIN BOOST	23
pineapple, banana, spinach, mango, apple juice	
350ml - 207kcal	

FRESHLY SQUEEZED JUICE

ORANGE	21
300ml - 122kcal	

BOTTLED DRINKS

WATER SPARKLING/STILL	7
FRITZ COLA (SUGAR FREE)	17
ON LEMON PEAR	17
ON LEMON LIME	17
APPLE-MANGO JUICE	14
PEAR-APPLE JUICE	14
100% APPLE JUICE	14
YERBATA	17
KOMBUCHA ACEROLA GINGER	17
CIDER WITH LEMONGRASS 0%	19

ALCOHOLIC DRINKS

CORONA EXTRA	19
BEER GLUTEN FREE	19
BEER LITOVEL ČERNÝ CITRON	19
POLISH CIDER	19

APEROL SPRITZ 250ml	29
LIMONCELLO SPRITZ 250ml	29
HUGO SPRITZ 250ml	29
PROSECCO DOC ROSE (GLASS - 150ML)	25
PROSECCO DOC ROSE (BOTTLE - 750ML)	89

#HEALTHY LIFESTYLE CAFE



WAITING TIME*

WAITING TIME FOR BREAKFASTS DEPENDS ON THE NUMBER OF ORDERS IN THE CAFÉ.



* DISHES IN THE CAFÉ ARE PREPARED WITH FRESH INGREDIENTS, SO WAITING TIMES MAY BE LONGER.



GROUPS

FOR GROUPS OF 6 PEOPLE OR MORE, WE DO NOT SPLIT THE BILL AND ADD 10% SERVICE FOR OUR CREW.



OUR CAKES

ALL OF CAKES OFFERED IN OUR COFFEEHOUSE ARE FRESHLY BAKED EVERY DAY ON OUR OWN. FEEL FREE TO PLACE AN ORDER FOR THE WHOLE CAKE - CALL US OR WRITE A MESSAGE ON OUR FACEBOOK PROFILE.



ALLERGENS

WE MAKE EVERY EFFORT TO ENSURE THAT THE DISHES SERVED IN OUR CAFÉ ARE MADE WITH THE HIGHEST QUALITY INGREDIENTS. PLEASE CAREFULLY REVIEW THE ALLERGEN INFORMATION INCLUDED IN OUR MENU DESCRIPTIONS.

OUR CAFÉ OFFERS BOTH GLUTEN-CONTAINING AND GLUTEN-FREE OPTIONS. DISHES LABELED GLUTEN-FREE DO NOT CONTAIN INGREDIENTS NATURALLY CONTAINING GLUTEN, BUT ARE PREPARED IN THE SAME KITCHEN AS GLUTEN-CONTAINING PRODUCTS AND MAY CONTAIN TRACE AMOUNTS OF GLUTEN. WE ALSO MAKE EVERY EFFORT TO MINIMIZE THE RISK OF CONTACT.



WHAT IS ERYTHRITOL?

IT IS A NATURAL, 100% CALORIE-FREE SUBSTITUTE FOR SUGAR, EXTRACTED MAINLY FROM PLANTS. ERYTHRITOL HAS A ZERO GLYCEMIC INDEX, SO IT DOESN'T AFFECT BLOOD SUGAR LEVEL. MOREOVER, IT IS UNLIKELY TO CAUSE GASTRIC PROBLEMS OR A TOOTH DECAY.

